

Top 10 questions for couples

1. Which responsibilities do we need to divide differently when one parent is going back to work? Where does one parent need to relinquish control? Where does one of the parents need to step up?
2. Who stays home to look after the child when she is ill?
3. Who should be the point of call for the childminder/nursery?
4. How will we share night duties?
5. What can we let slide? Takeaways, less clean house, not everything done on time?
6. What is important to us both and we want to prioritise no matter what?
7. What are we willing to do support each other's careers? E.g. moving country, leaving early to pick up the baby, take time off work?
8. What's our fall back when everything explodes?
9. How do we see our long term career trajectories? At what pace do we want our careers to move now, in three years and in five years?
10. Where else will we get support?

Responsibility list			
	Parent A	Parent B	Both
Paying bills, organising insurance			
Booking travel and holidays			
Cleaning			
Grocery shopping			
Laundry			
Pick up and drop off from childcare			
Picking the child up at night			
Nappies			
Putting the bins out			
Preparing meals for the child			
Preparing meals for the family			
Childcare admin, e.g. vaccinations, organising baby sitters			